

# West Irondequoit Aquatics Calendar

## October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2 Water Fitness 6-7pm  Evening Lap Swim 7-8pm	3 Morning Lap Swim 6 - 7:30 am	4 Morning Lap Swim 6 - 7:30 am	5 Morning Lap Swim 6 - 7:30 am Water Fitness 6-7pm Evening Lap Swim 7-8pm	6 Morning Lap Swim 6-7:30 AM	7
8	9 Water Fitness 6-7pm  Evening Lap Swim 7-8pm	10 Morning Lap Swim 6 - 7:30 am	11 Morning Lap Swim 6-7:30 AM	12 Morning Lap Swim 6 - 7:30 am  Water Fitness 6-7pm Evening Lap Swim 7-8pm	13 Morning Lap Swim 6-7:30 AM	14 Swim Lessons 9:00AM-2:00PM
15	16 Water Fitness 6-7pm  Evening Lap Swim 7-8pm	17 Morning Lap Swim 6-7:30 AM	18 Morning Lap Swim 6-7:30 AM	19 Morning Lap Swim 6-7:30 AM Water Fitness 6-7pm Evening Lap Swim 7-8pm	20 Morning Lap Swim 6-7:30 AM	21 Swim Lessons 9:00AM-2:00PM
22	23 Water Fitness 6-7pm  Evening Lap Swim 7-8pm	24 Morning Lap Swim 6-7:30 AM	25 Morning Lap Swim 6-7:30 AM	26 Morning Lap Swim 6-7:30 AM Water Fitness 6-7pm Evening Lap Swim 7-8pm	27 Morning Lap Swim 6-7:30 AM	28 Swim Lessons 9:00AM-2:00PM
29	30 Water Fitness 6-7pm  Evening Lap Swim 7-8pm	31 Morning Lap Swim 6-7:30 AM				

\*Pool Schedule Subject to Change

Updated 9/22/23

Lap Swim Cost - \$4 Per Visit

Family Swim - \$12 per visit (family of 5 max)

Registration Required for Water Fitness

